

Field of Dreams Nursery  
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Manager: Miss Nina Young

## Physical Restraint Policy

At the Field of Dreams Nursery our aim is to offer a quality childcare service for parents/carers and children.

We recognise the need to set reasonable and appropriate limits to help manage the behaviour of children in our care.

We do not and will not administer physical punishment or any form of punishment with the intention of causing pain and discomfort, of any kind of humiliating or hurtful treatment to any child in our care.

Hitting and hurting is **ALWAYS** wrong! If a child in our care were harming him or herself, or any other child it may become necessary to physically restrain them for their own or another's well-being. This would be done with the least possible force.

The usual procedure would be to hold the child's arms, trying where possible to calm the situation for all in the vicinity.

It may be practical or necessary for two members of staff to deal with the situation. The incident would always be reported, firstly in the incident file and secondly to the parent/carer.

This policy was adopted on	Signed on behalf of the nursery	Date for review
2 <sup>nd</sup> August 2019	Miss Nina Young	1 <sup>st</sup> August 2020
	Miss Nina Young	29/07/2021
	Miss Nina Young	10/08/2022
	Miss Nina Young	30/07/2023